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KTMC
SPREKEN

YEAR 2023-2024

KTMC

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MORE ABOUT
KTMC

Unity

TOGETHER, WE STRIVE
FOR THE BEST:
POLICIES, INTEREST
CLUBS & FACILITIES

MEMORIES

LIFE IS SHORT, BUT
THE MEMORIES WE
CREATE ARE
FOREVER.

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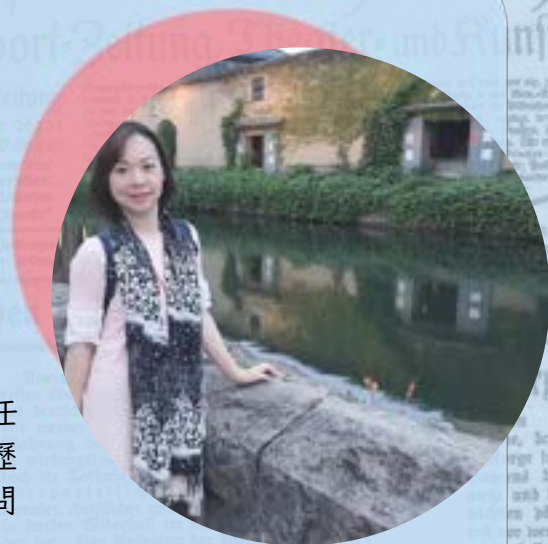


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新老師介紹



李培欣老師畢業於香港中文大學中國語言及文學系，任教中文科和初中中國歷史科。李老師喜歡中文及中國歷史，她認為日常工作可以跟學生分享自己所喜歡的學問知識，是一件非常開心及有意義的事情。

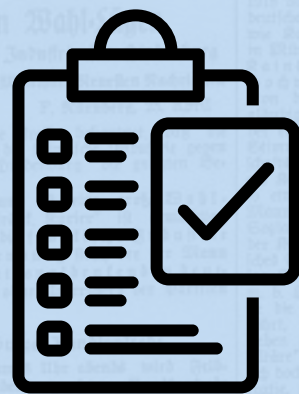
閒暇時，李老師會爭取時間休息，做自己喜歡的事情，如收看劇集及閱讀。她認為觀看劇集可以釋放壓力，更可以透過不同題材與地方的節目，去認識不同的觀點與文化。而在閱讀方面，李老師比較喜歡閱讀散文。她認為散文的篇幅較短，可以「信手拈來」，閒時看一篇數篇，輕鬆自在。

談及對觀瑪學生的印象，李老師認為大多數同學活潑好動和直率，有可愛天真的一面，也有很多態度認真，對自己的學業、老師委託的工作皆盡責認真的同學，十分值得欣賞。教學方面，她認為一般男生對中文興趣不大，缺少學習語文的動力，上課時也會相對較散漫。李老師會在嘗試不同的方法引起學生的興趣，如利用電子教學資源輔助教學，平日教學儘量多播放影片、多舉社會時事的例子、多鼓勵同學回應，希望能改善學生的學習態度。

勉勵心得和目標



最後，李老師鼓勵同學凡事要盡力而為，也要勇敢追求自己的目標。在追求的目標的過程也許會遇上很多挫折，而結果也未必盡如人意，但過程的點滴、遇見的人與事，都是人生的寶貴經驗，得與失都可以幫助我們成長，並不要害怕失敗。



蘇老師來到觀瑪擔任教師一職前已有多年教學經驗，現時主要任教中一普通話科、中三及中六中文科，同時也是6A班班主任。蘇老師喜歡閱讀，因為閱讀可以讓人了解其他人的世界和經歷，令人不止於局限在自己的生命歷程中。蘇老師亦熱愛拼拼圖和砌模型，覺得在手作期間帶給自己樂趣，亦有很大挑戰性。蘇老師也對歌唱有興趣，喜歡唱詩歌期間的平安和諧。



蘇老師認為老師的言行舉止對年輕人有舉足輕重的影響，她在高中時期曾經受文學科老師的讚賞和鼓勵，啟發她成為一位老師，帶給年輕人正面的影響。蘇老師起初期望觀瑪同學熱愛讀書學習，對中文科有興趣，但任職後發現觀瑪同學的強項興趣多元。雖然部分觀瑪同學對中文科興趣不大，但是會熱愛其他科目，例如經濟以及數學科。



蘇老師印象深刻的事是第一次與6A班同學見面。當時正值八月下旬，6A班同學正在進行班際閃避盤比賽，蘇老師知道自己將成為6A班班主任，於是便駐足觀看。期間，有同學主動把一張椅子拉到蘇老師身後，讓她坐下休息，她感到十分窩心，認為觀瑪同學非常友善和有同理心。另一方面，蘇老師在教學上亦有遇過困難，她剛接手任教兩班中六，需要時間與他們已習慣的教學方法和期許作磨合，這是一大挑戰。

蘇老師回憶在教學生涯中，一位有智慧的前輩曾向她分享說：「當人遇到一些挑戰時，可以觀察一下自己的情緒，想一想自己為什麼會介懷？如果下次再有類似的事情發生，自己又會怎樣回應呢？不要只停留在擔憂不快的情緒之中。」這些意見很有建設性，多想想下一步該怎樣去處理這個情況，不要讓情緒主導，有利建立互信的師生關係。



蘇老師也負責一些非教學行政工作及活動，像是生涯規劃組及中文辯論隊。老師覺得這些經驗很有意義，當中亦思考可以如何幫助同學。除了令他們對中文有興趣，也希望讓他們有開闊的世界觀，訂立合適的目標。她亦希望可以帶領學生去了解不同的學校、本港以及大灣區等不同地區的學習情況，擴闊他們的眼界之餘，亦讓希望他們明白社會競爭的激烈。



大學時期是蘇老師變得活躍的時期。就讀大學期間，老師開始參與不同的活動組織，例如學會聚會及交流團等等，學習介紹自己、與人接觸及面對人群。故此，蘇老師認為觀瑪同學也可以多參與課外活動，抓緊每一個學習的機會，除了學術的追求外，亦可在待人接物、處事態度及個人成長等各方面更有得著，裝備自己，預備在未來回饋學校及社會。

鄒志剛老師是中史科科主任，負責任教中二至中六級的中史科。此外，他更是二丁班班任。鄒老師有大約10年的教學經驗，不過以往只在男女校中任教，今年是他首年於男校任教。



你認為男校和男女校有甚麼分別？

男校的同學較活潑，和老師的關係較熟絡，溝通起來比較方便直接。但是上堂秩序、操行、讀書態度卻略遜於女生。

鄒老師有甚麼興趣？

我較喜歡文靜的活動，例如看書、看電影和舞台劇、寫作散文和新詩。同學不要認為寫作是一件深奧的事情，只要多點嘗試，以寫作來表達自身感受，就會找到寫作的樂趣。

你對觀瑪學生的有甚麼印象？

在觀瑪任教之前，我以為觀瑪同學會比較沉靜，然而在教學之中，我發現同學的表現非常活潑，且說話直接不會轉彎抹角。其中當中最令人驚喜的是校內的師生亦師亦友的關係，關係非常密切。

為什麼你會成為一位老師？

中學時期，我的中文和中史科成績較佳，而且自身比較喜歡與人接觸的工作，於是便決定在大學修讀中文教育。通過一路摸索，在實習和工作中發現自己越加喜歡老師這份工作。當中的滿足感與師生情誼是促成我成為老師的主要原因。

鄒老師剛到第一所學校任教時，他想把新詩的文化推廣到中學之中。當時，他是中文學會的負責老師，他知道在現行的教育體制下，同學很難接觸到新詩這種文體。於是，鄒老師便在學校試辦了新詩欣賞會。一開始，他並沒有想過這活動會對學生有多大的影響力。但當他離職後，他的學生投稿了一篇文章到文集，並指鄒老師舉行的新詩活動令他大開眼界，甚至令他喜歡上寫作。這也令鄒老師獲得了莫大的滿足感，而正因為這原因，才讓鄒老師走上教學的道路。



鄒老師最喜歡的一句話，便是出自屈原《離騷》的「路漫漫其修遠兮，吾將上下而求索。」這句話的意思是：前面的路途又遠又長，我將上天下地追尋自己的理想。路，可以指學習的路，亦可以指追求夢想的路。鄒老師希望同學能盡全力在人生的路途上走下去，要努力奮鬥，才能得到自己想要的成果。

鄒老師指，他現時的目標便是盡快適應觀瑪的校園生活，他亦希望能令同學可以喜歡中史。他期望同學能尋找讀書的意義和目的，不要只「為讀書而讀書」，而是要設立目標，以免失去方向和讀書的動力。



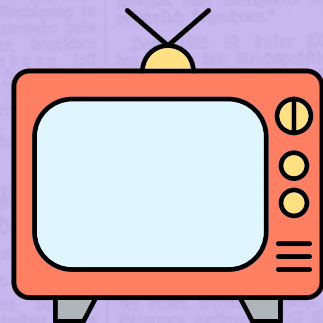
在待人處事方面，鄒老師指出觀瑪的學生和老師關係好，但有時候在相處時卻欠缺應有的禮貌及態度。鄒老師提醒同學要學會尊重他人，在日常生活中要有禮貌，否則別人未必會喜歡及認同這種相處方式。此外，鄒老師亦提醒同學要有責任感和要自律，並要在適當的時候做適當的事。這些都能對同學日後升學、求職、工作有莫大的益處。

Ms Yu Lok Man's interview



Having pursued a double degree program in English and English Language Education during her time at the university, Ms Yu teaches English to both junior and senior boys.

When she is not in the classroom, Ms Yu unwinds by immersing herself in the world of TV shows. She finds thrilling workplace dramas like "CSI:NY" and medical series like "Grey's Anatomy" captivating. However, it is the light-hearted sitcoms such as "Friends," "Modern Family," and "Brooklyn 99" that allow her to sit back, laugh, and recharge from life's challenges.



In her own school days, she initially struggled with Mathematics. Things changed when she met her senior secondary Mathematics teacher, who taught Mathematics in an interesting way. Actually, she liked English the most at that time, but she started looking forward to attending mathematics lessons the most. She thinks it is surprising and magical that a teacher can have such a positive influence on students. This influence left a lasting impact, motivating her to become a teacher herself.

Ms Yu thinks that KTMC students are smart, highly active, and full of energy. She appreciates their enthusiastic response when games are incorporated into her lessons. However, she does acknowledge that they can be a bit careless at times as well, for example, forgetting to bring textbooks and missing punctuation marks.





In spite of the positive experiences Ms Yu has had so far, challenges persist. English can be perceived as a dull subject by most boys. Therefore, she strives to make English lessons more interesting and engaging. With the tight lesson time, Ms Yu also juggles teaching exam skills while making English lessons interesting so that the boys will not be easily distracted. It is a delicate balance she continues to refine as per her teaching goal.

Another goal she has is to cultivate the students' ability to engage in self-directed learning. With limited class time each day, she understands the importance of providing them with resources beyond the classroom. After all, it is quite hard to see a huge improvement in English as improving English takes time. Reading extensively and listening actively are the keys to mastering English.



A timeless quote that inspires Ms Yu the most is "tomorrow is another day," from the iconic movie "Gone with the Wind."



In the movie, the protagonist faced adversity - poverty, death, and heartache. However, she remained hopeful, citing "tomorrow is another day."



Students may not resonate with this quote because it sounds overly simplistic in the face of real challenges. Ms Yu didn't really understand this when she was just a secondary school student as well. Nonetheless, gradually she understands that it is a reminder not to lose hope. When facing horrible situations and there seems to be no way out, it is crucial to remain optimistic, knowing that new opportunities await. Ms Yu also encourages students to think from different perspectives for alternative ways to overcome the challenges.

Dr. Cheung Shun Hoi's interview



Dr. Cheung Shun Hoi, Andy, a passionate and dedicated educator, joined Kwun Tong Maryknoll College as a Chemistry and Junior Science Teacher. This year, with a strong background in science, particularly in Chemistry, Dr. Cheung brings a wealth of knowledge and experience to the classroom. His journey in education began with his love for science and a desire to make a difference in the students' learning attitudes.

Dr. Cheung pursued a Bachelor of Science at The University of Hong Kong and furthered his academic pursuits by obtaining the Doctor of Philosophy (Ph.D.) degree in Chemistry. During his time in graduate school, he honed his teaching skills through assisting professors in teaching undergraduate students and gained valuable experience as a laboratory demonstrator.



After completing his graduate studies, Dr. Cheung entered the secondary education sector. He played a crucial role in establishing the curriculum and assessment framework for the school, as well as purchasing laboratory materials. This experience has allowed him to contribute to developing a comprehensive and effective science education curriculum.



Q&A

Never Give Up

Since joining Kwun Tong Maryknoll College, Dr. Cheung has observed the energetic and active nature of the students. He aims to provide tailored support to students, regardless of their academic level. He offers additional resources such as face-to-face explanations, online learning videos, and simulations to assist struggling students, and devises advanced tasks to challenge high-achieving students further.

Dr. Cheung's wisdom extends beyond textbooks. He believes in the transformative power of experiences outside the classroom. He encourages students to participate in exchange programs to develop their language abilities, to visit different countries to broaden their horizons, and to engage in volunteer work to cultivate kindness and empathy.



Outside the classroom, Dr. Cheung has a range of interests. He is an avid traveler, appreciating the opportunity to explore different cities and cultures. Hiking is another passion of his, as it allows him to refresh his mind and gain energy. Dr. Cheung also enjoys indulging in good food, particularly Japanese and other Asian cuisine. To stay updated with the current trends and popular culture, he keeps himself engaged on different social media platforms.

In summary, Dr. Cheung brings a combination of knowledge, skills, and a positive attitude to his role as a Chemistry and Junior Science Teacher at Kwun Tong Maryknoll College. He is committed to creating an inspiring learning environment, fostering a love for science, and empowering his students to reach their full potential.

Ms Chow Lai Wun's interview



Ms Chow studied in a girls' school during her secondary education. When she was in university, she studied Linguistics as her major and had two other minors: one in German Studies and the other in Journalism and Communication.



Despite her outgoing appearance, she described herself as an introvert. Being shy and ineloquent, she joined the Hong Kong Toastmasters Club to hone her public speaking skills during her first few years of teaching.



Ms Chow has a passion for both active and artistic pursuits. She enjoys hiking to connect with nature's beauty and also engages in sedentary activities such as calligraphy, photography, cooking, singing, and drama. Her love of traveling is evident in her passport, which displays stamps from various countries including Germany, Britain, France, Poland, Japan and Korea.

During her secondary school years, Ms Chow's days were not solely filled with textbooks and exams. Instead, she spent most of her time caring for her mentally disabled sister. The process taught her patience and how to care for others. Ms Chow thinks her sister has significantly influenced her, especially in major life decisions.



Ms Chow's first job as a management trainee failed to bring her fulfillment. When she reminisced about the tutoring experience at her sister's school, she found it very meaningful and rewarding. This reflection prompted her to pursue a career in education despite her mother's objections.

Ms Chow thinks that the students at KTMC are smart and responsible, particularly the captains and chairpersons. Yet, she notices moments when students may lack grace. For example, when they see girls, they get too excited and have difficulty controlling themselves. Hence, Ms Chow wants students to be more considerate in their words and actions.



"We should not underestimate the power of words because words can save or destroy a person. If you can choose to be anything, choose to be kind," she added.



Ms Chow's favorite book is *The Little Prince*, which contains enlightening sentences that tug at her heartstrings. The quote "It is only with the heart that one can see rightly; what is essential is invisible to the eye," inspires her to appreciate inner beauty and the beautiful things in nature.

She also resonates with the line "It is much more difficult to judge oneself than to judge others. If you succeed in judging yourself rightly, then you are indeed a man of true wisdom."

Ms Chow firmly believes that our actions and choices have a profound impact on others. To foster positive relationships, it is important to be empathetic and put yourself in others' shoes instead of merely thinking from your own perspective.

小組介紹

籃球隊



籃球是一個緊張刺激的競技運動，它的魅力就在於和隊友配合時的默契和進球後的成功感，而當中更不可忽視的是球員背後的汗水。而本年度學校籃球隊再創佳績，B Grade 籃球隊成功獲得九龍區第四名，而A Grade更成功獲得‘探花’之稱，成為九龍區的第三名。成功和收穫往往成正比，他們究竟付出了多少汗水呢？

籃球隊的訓練時間：

C grade的同學每逢星期三訓練，注重練習 籃球基本功和體能；而A Grade 和 B Grade 的同學每逢星期五和星期六訓練，除了訓練 基本功和體能之外，他們更需要模擬各種戰術和培養隊員之間的默契。他們背後付出的努力並不只是一身汗水，他們更付出大量的時間與精神。



目前球員的挑戰和困難：

成為一位出色的籃球隊球員並不是一件易事。為了更一步瞭解球員的處境，我們訪問了數位籃球隊隊員，以了解他們所面對的挑戰和困難。

在個人方面，球員往往需要面對時間分配的挑戰，他們需要同時兼顧學業和籃球訓練，更需要抽出時間排解壓力。每星期籃球訓練的日子只有一至兩日，每次訓練時長約有二至三小時，球員亦都要自己平日前往籃球場加強訓練，突破自己的極限，不斷進步。球員往往需要犧牲自己的娛樂時間，在學習以外的時間練習籃球基本功和體能，並持之以恆，這樣才能夠在比賽中發揮所能。除此之外，球員們亦不會放棄他們的學業，跟其他同學一樣以入大學為目標，所以訓練過後就算力竭根疲，也會盡力完成各老師安排的習作。





另一方面，在資源有限的情況下，籃球隊的發揮或有影響。本校不是直資學校或是某些星級名校，會得到舊生會其他贊助。加上政府極力推廣多元教學，但對一般津校的資助沒有增加，所以相對上不單止籃球隊，所有球隊的資源也減少了。有限米煮有限粥，同學在有限資源之下，仍能打出非常不錯的成績，實在得來不易。

打籃球的重要性

打籃球可以培養同學的團隊合作精神，使同學學會專重他人。籃球是一個多人競技運動，並不是一場個人秀，隊員需要互相溝通，互相信任和互相專重，透過不同手勢暗號實現不同戰術，一步一步攻破對方的防守，並方能成功進球。

打籃球可以強身健體，令同學的生活更加健康。籃球是有氧運動，他不但可以訓練同學的心肺功能，增強心肺功能預防心血管疾病，還可以鍛鍊同學全身肌肉的運用和協調，更有舒緩壓力的作用，使同學身心健康。



王國康老師的訪問

問：你覺得學習打籃球最重要是什麼？

答：籃球是一場群體活動。一隊球隊，我們未必需要一兩三個「球皇」，但是我們需要每個 grade 十二個同學都願意出席訓練，比賽不怯場，勝不驕敗不餒，即使面對強敵，依然全力以赴去迎敵，做到不留遺憾，這樣才是打籃球的意義所在。



答：作為一位籃球領隊老師，同學的球技固然重要，但是我一直想相信球員球品比球技更為重要。只有學會專重對手和隊友，才能明白籃球是一個團隊，並不是「個人秀」。希望觀瑪籃球隊能繼續建構團體合作精神，並以此作為日後的發展方向。



美術學會訪問

美術學會作為最受歡迎的學會之一，今年舉辦了令人印象深刻的活動，例如流麻製作工作坊或Art Week等等，為同學提供了一個發揮才能和創意的空間。我們有幸訪問了美術學會主席李同學，並展示2023至2024年度的藝術作品讓師生大飽眼福。

問：美術學會作為最受歡迎的學會之一，你認為當中有什麼元素最能吸引同學參加呢？

答：豐富且多元化的手工藝活動，同學能體驗有趣的創作過程並制作自己獨一無二的藝術品。(๑•̌•๑)



問：每年美術學會都會舉行不同的活動，你認為今年眾多活動之中哪一個活動最受歡迎？

答：我認為今年最受歡迎的活動是流麻製作工作坊，該活動為今年的新活動。製作過程中，同學都遇到了一些挑戰，但大家都沒有放棄，努力不懈創作一件件獨特的作品。堅持是藝術創作不可或缺的一點，相信同學能享受製作過程，喜愛上藝術。



問：在這一年內你在美術學會經歷最大的挑戰是甚麼？而你又從中學到了什麼？

答：我認為美術學會今年經歷過最大的挑戰是舉行Art Week。這次為美術學會的第一次舉行，當中幹事們和我都面對不少挑戰如事前準備、宣傳、連續舉行活動等，但最終也順利舉行Art Week。我從中學會了面對困難要坚持不懈，這正和藝術創作的特點不謀而合。



隨著人類文明的急速發展，我們已經進入了一個全球暖化變得越發嚴重的時代。大量的溫室氣體排放、過度的自然資源消耗和環境破壞等問題，導致了全球氣溫上升、極端天氣事件的增加以及生態系統的破壞。顯然，環保已成為全球的重要議題，人類必須作出行動，才能確保地球能持續的宜居。



有見及此，近年本校亦推行了幾項環保政策，希望為地球出一份力。

太陽能發電板

首先，在2020年，本校在新翼天台上安裝了28塊太陽能板，以產生可再生能源。從安裝至今，本校已產生了接近三萬三千千瓦·時(kWh)的電量，並減少了近兩萬三千公斤的二氧化硫(大氣主要污染物之一)的排放，產出的電力以每度5元售賣給中華電力有限公司。太陽能是一種可再生能源，相較於使用化石燃料來發電，太陽能發電可以大幅降低溫室氣體的排放，有助減緩全球氣候變化和改善空氣品質。



校園安裝智能飲水機先導計劃

其次，本校還在2019年參與了「校園安裝智能飲水機先導計劃」，以鼓勵學生從小培養「自備水樽」的習慣，減少使用一次性塑膠，從而達致從源頭減少塑膠廢物。這個計劃為本校提供及安裝了三台由學生親自設計外觀的智能飲水機，這三台飲水機分別設置在了操場，一樓和二樓。它們均備有除鉛濾水芯及紫外光消毒系統，以確保學生健康。同時，智能飲水機會在濾水芯及紫外光燈失效時停止運作，可保障學生安全使用。除此之外，本校還在2022-2023學年起停止售賣一公升以下樽裝水，進一步減少了一次性塑膠的消耗。



綠色校園 2.0-智能慳電計劃

其三，我們學校還參加了由機電工程署舉辦的「綠色校園2.0智能慳電計劃」。在這個計劃下，學校把原本四十多部的窗口式冷氣機和分體式冷氣機更換成了變頻式冷氣，並安裝了實時能源監測系統，這有助減少冷氣機的耗電量。我們可更加了解校園的能源使用模式，從而找出浪費的根源，真正做到可持續發展。

STEM Education

在20世紀，STEM新型教學方式的出現使同學學以致用，將不同學科的知識實踐在日常生活之中，配合設計思維（Design Thinking）的方法創造出使用者適用的作品。隨著時代巨輪的轉動，STEM慢慢演變成了STEAM一字，在Science，Technology，Engineering和Mathematics原有的基礎下添加了美學(Art)的元素，使同學創造的產品更符合大眾眼光和具觀賞性。透過STEAM的學習，同學可以運用不同的學科知識去解決生活中的瑣事和難關。相比傳統的教學，同學可更能明白如何綜合運用學科知識去分析問題，並按部就班地解決問題。



以下將介紹本校近年STEM的發展。

技術：雷射切割雕刻機



雷射切割雕刻機的原理是利用高強度的雷射光照射木材，其中所產生的高溫將配合高壓氣流切割出高精準度的模型。同學需要自己構思模型的大小和切割的深淺，在電腦上畫出樣本。若其中一筆一旦出現差錯，模型便會斷裂，前功盡棄。使用雷射切割雕刻機不但可以訓練同學繪畫美術方面的構圖，更能令同學更細心和有耐性。



STEM Education



同學們重用了廢棄膠樽等廢物，利用膠樽內的氣壓差而造成不同音準的原理製造了一件樂器，為網路流行曲《強風大背頭》以環保為題重新填詞，更拍攝了一條音樂影片去推廣環保，希望引起大家對環保的重視。



未來的世界變幻莫測，沒有人能預測到未來世界使用什麼技術；而參加STEM 活動可以接觸到目前先進的科技，例如是 micro:bit 的技術應用等，只有接觸得更多不同的技術，建立更多根基，才能為自己的未來打好基礎。

下年學校將全面推行 STEAM Education，同學是時候開始主動了解世間不同的事情，只有嘗試動腦動手去做，才能對你們的發展帶來益處。



Featured Articles

Special Educational Needs

In our diverse school community, we are surrounded by students of varying abilities, backgrounds, and experiences. We are proud to celebrate all our students' unique strengths and perspectives, including those with special educational needs (SEN). According to the Education Bureau's 2022/23 Report on Student Enrolment Statistics, the number of students in special education has increased from 8021 to 8539 from 2012 to 2022. Such an increase brings more public attention to students with SEN.



Currently, the SEN of students in mainstream schools are mainly categorized into nine types*. According to the Education Bureau, these students possess equal intelligence to their non-SEN peers but face a range of unique academic and social challenges.

They may struggle with processing information, managing sensory input, or navigating the complexities of social interactions. These difficulties can lead to feelings of frustration, isolation, and even low self-esteem if not properly addressed. Unlike their counterparts, these students with SEN invest more time and energy to achieve satisfactory scores.

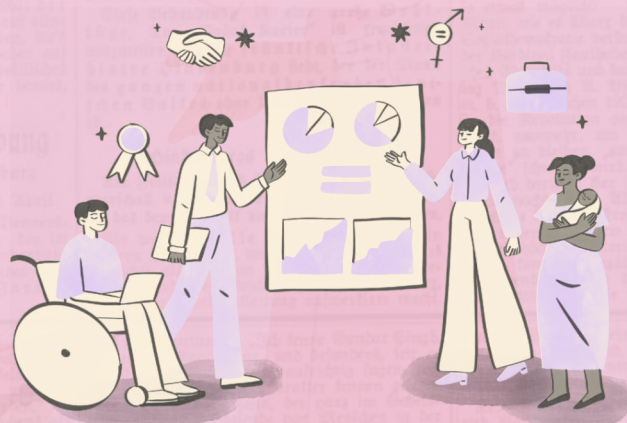


*Including Specific Learning Difficulties, Intellectual Disability, Autism Spectrum Disorder, Attention Deficit/Hyperactivity Disorder, Physical Disability, Visual Impairment, Hearing Impairment, Speech and Language Impairment and Mental Illness.

Despite these challenges, our students with SEN possess remarkable resilience, creativity, and determination. They have unique potentials waiting to be discovered.



Among them, you may find budding musicians, math whizzes and craft enthusiasts. Their intense passions lead to countless hours of dedication. Remarkably, some of history's important figures share this journey. Scientist Sir Isaac Newton, actor Anthony Hopkins and entrepreneur Elon Musk all have SEN, yet they still succeed. Their secret? Tireless effort and unwavering commitment to their craft. Therefore, we should erase the stigmas of students with SEN and embrace their interests. They deserve our open hearts and encouragement to soar in their chosen fields.



Everyone is special and has his/her own needs, just as the students with SEN have needs that may differ from what the majority have. Every student also has the right to feel welcomed, valued, and empowered. Hence, we should foster an inclusive environment. We actively encourage our entire school community to embrace diversity and cultivate a spirit of empathy and understanding. It is important to break down stereotypes, celebrate differences, and inspire our students to be agents of positive change. By appreciating the unique talents and contributions of different students, we are not only fostering a more equitable and just society, but also preparing our young people to thrive in a world that values diversity and inclusion.

我們的話



光陰似箭，看似漫長的一年時間彈指之間不知不覺就完結。作為候補編委會，我們在上任之前其實對這項工作不太有信心，擔心會做得不夠盡善盡美。但是在這一年的時間之中，在每一位成員互相支持和鼓勵、各位老師的悉心教導下我們終於一同攜手闖過一個又一個的難關。

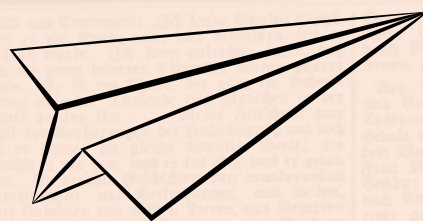
還記得一切剛剛開始，大家在討論政綱的時候，大家都是興致勃勃地不停提出一些新穎的建議。而到最後，有些活動未能順利進行，實在非常可惜，本會亦對各位同學以及老師感到十分抱歉，希望我們舉辦的相關活動可以讓未來的編委會作為參考，做得更好。

在編寫校刊《長青》的過程之中，組員之間試過因為溝通不好又或者分工不當而出現分歧，甚至發生爭吵。全靠其他組員和負責老師的協調，在我們一次又一次的重新出發下，總算有驚無險，把《長青》打造出來。當中與各位成員和老師的點點回憶至今仍然歷歷在目，這絕對是一段刻骨銘心的學習過程，也是我們每一位成員成長的養分，使我們獲益良多。

我們深知，這一年來的經歷不僅僅是一個編委會的故事，更是我們成長道路上的重要篇章。每一次的挫折和成功，每一次的爭吵及和解，都讓我們學會了如何更好地去理解和尊重彼此，如何在團隊中發揮自己的優勢，如何在困難面前堅持不懈。

在這裡，我們要特別感謝所有陪伴我們走過這段旅程的老師和同學，是你們在背後的默默支持和鼓勵讓我們有勇氣迎接挑戰，不斷進步。在未來的日子，我們會將這些寶貴的經驗化作前進的動力，繼續追求卓越，在我們的人生道路上。

最後，再次感謝大家對我們工作的支持和理解，願我們的努力能夠為學校的發展添上濃墨重彩的一筆。讓我們共同期待未來的每一個精彩瞬間，共同書寫屬於我們的美好篇章。



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