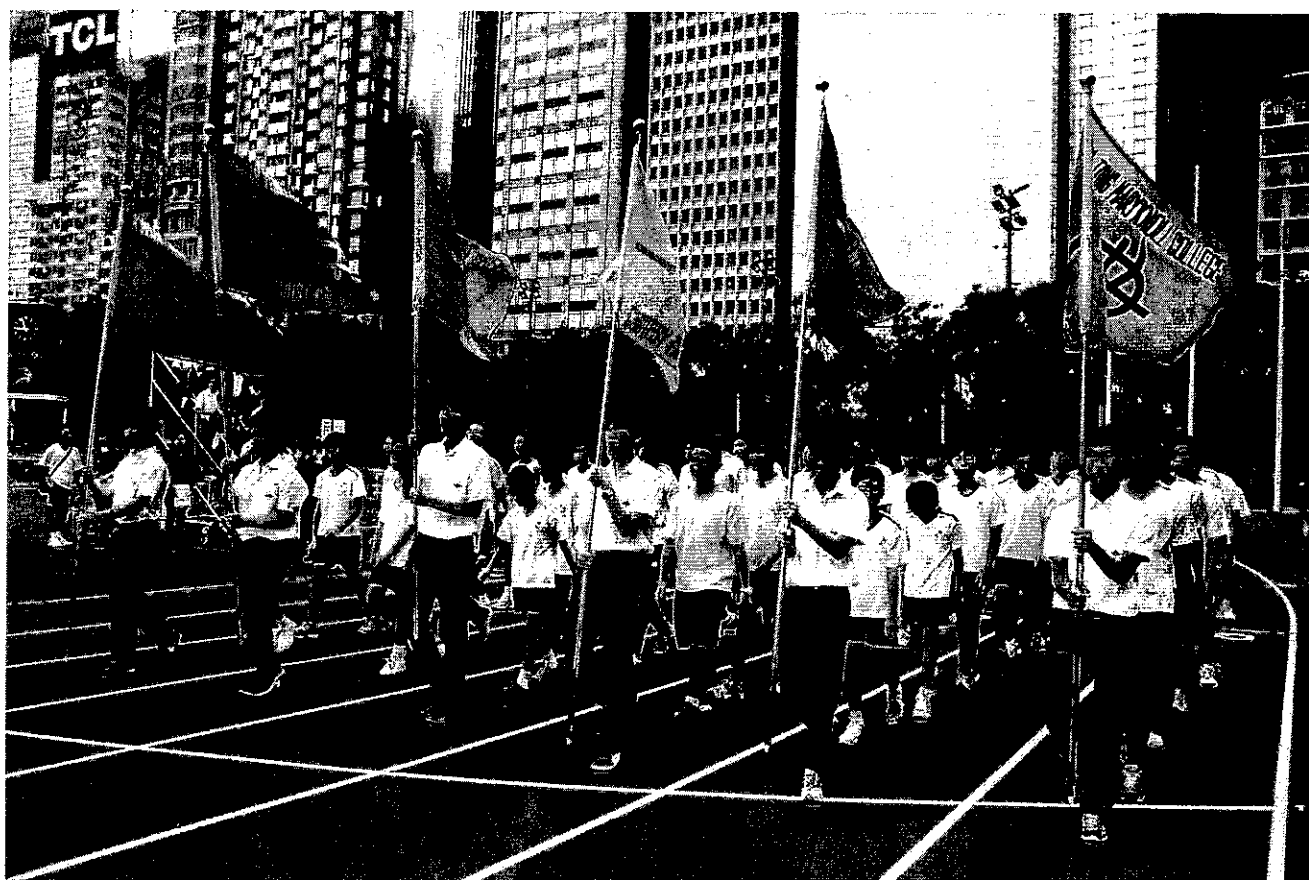


Kwun Tong Maryknoll College

46th Annual Athletics Meet



VENUE: WAN CHAI SPORTS GROUND

DATE AND TIME: 12-12-2018 (0800-1600)

13-12-2018 (0800-1300)

KWUN TONG MARYKNOLL COLLEGE

46th Annual Athletics Meet

Official List

Patron: Rev. Fung Che Ho, Supervisor
Chairman: Mr. Yee Kin Wah, Principal
Convenor: Mr. So Wing Fun
Referees: Mr. So Wing Fun
Mr. Yuen Kwan Wing

Recording Room In-charge: Mr. Lau Ka Wing * Mr. Wong Yuk Kin

Recorders: The IT Service Team

Marshals: Mr. Chow Yuk Kwan* Mr. Lau Wai Kei
Li Hong Wing (2A) Yip Ching Long (2A) Lau Cheung Kei (4A)
Lo Vinent (4D) Ting Kim Yuen (4D) Leung Tin Hay (4E)

Announcers: Ms. Ng Shuk Fong* Ms Chow Yuk Fung
Leung Man Ho (4B) Tong Tsun Man (4E) Kwong Hoi Wa (4E)
Chung Chak Ho (5D) Lau Cheuk Chun (5E) Wong Wing Hung (6D)

Prize Giving: Ms. Loui Ka Po* Ms. Fong Lai Ming
Chan Tak Hang (2B) Lam Chi Fung (2B) Chan SanHang (5A)
Hui Ka Kwan (5A) Kwan KwokYin (5A) Lee King Ching (5A)
Wong Hoi Ki (5A) Chan Cheuk Hei (5C) Pun Chi Fung (5C)

Competitor Stewards: Mr. Chan Ka Ming* Ms. Fong Hoi Shun
Chow Yin Pong (4D) Ho Yu Hin (4D) Kan Ming Chun (4D)
Lam Nok (4D) Law Chun Hin (4D) Leung Cheuk Fung (4D)

Starters: Mr. Jonathan Ellis * Mr. Man Kai Yeung
Fung Cheuk Kiu (2B) Lam Chi Fung (2B)

Track Recorders: Mr. Wong Chun Yin * Ms. Cheung Wai Man
Lam Kwan Yung (2B) Lee Cheuk Hon (2B)

Time Keepers: Ms. Leung Siu Ping*
Cheng Chiu Yuk (4E) Cheung Chun Yan (4E) Ho Ka Chun (4E) Lam Chun Man (4E)
Liu Chun Wai (4E) Lou Leung Hei (4E) Tsang Hin Lok (4E) Wong Yiu Kwan (4E)
Chu Yeuk Hang (2A) ®

Position Judges: Mr. Lai Gee Choi *
Chan Chun Nok (2A) Hung Tak Tsung (2A) Chung Pak Tik (4C) Li Man Pan (4D)
Shiu Chun Hang (4D) Tam Man Tik (4D) Lau Cheuk Yin (5C) Lui Yu On (5C)
Li Ching Lok (2A) ®

Track Judges: Ms. Au Yeung Wai Yee * ① Ms. Kwan Lai Ching ②
Ms. Yuen Lai Lan ③ Ms. Lai Sze Ling ④
Lam Ching Ho (2A) ®

Corner Judges:
Ms. Leung Ka Yiu* ① Ms. Tang Sin Ting ③ Ms. Ying Hoi Kit ⑤ Ms. Ng Mei Shan ⑦
Ms. Chan Kit Lai ② Ms. Cheung Wing Yin ④ Ms. Lo Yi Ching ⑥ Ms. Tse Yan Yan ⑧
Leung Cheuk Ho (2B) ® Leung Siu Lun (2B) ® Tsui Chung Him (2B) ® Wu Long Hei (4E) ®

Take-over Judges:

Region 1:

Ms. Leung Ka Yiu* ① **Ms. Tang Sin Ting** ② **Ms. Ying Hoi Kit** ③ **Ms. Ng Mei Shan** ④
Lai Kwan Leong (2A) ⑧

Region 2:

Ms. Au Yeung Wai Yee* ① **Ms. Kwan Lai Ching** ② **Ms. Yuen Lai Lan** ③ **Ms. Lai Sze Ling** ④
Chan Yat Long (2C) ⑧

Region 3:

Ms. Chan Kit Lai* ① **Ms. Cheung Wing Yin** ⑥ **Ms. Lo Yi Ching** ⑦ **Ms. Tse Yan Yan** ④
Seung Yat Long (2C) ⑧

Long Jump (A,C Grade): **Mr. Fung Hing Wah*** **Ms. Hui Yan Ting** **Mr. Wong Sze Ho**
Cheung Shing Kit (5E) Lu Jian Chen (5E) Wong Chi Lap (5E)

Triple Jump & Long Jump (B Grade):

Mr. Cheung Man Mau* **Mr. Lee Kin Wai** **Ms. Lo Chiu Ling**
Lam Pak Him (5E) Lum King Ho (5E) Wan Chun Kit (5E)

High Jump: **Mr. Shi Shun Fong*** **Ms. Tsang Hoi Yin** **Mr. Wong Chiu Yeung**
Fong Chun Wai (5E) Man Chun Yat (5E)

Shot Put: **Mr. Hau Tai Wai*** **Mr. Lam Tsz Man** **Mr. Chow Chi Keung**
Man Tsun Ting (3B) Wan Pak Hin (3B) Wong Sing Hing (4A)
Shum Chun Ngai (5A)

Javelin: **Mr. Yung Hap*** **Mr. Fung Hong Sang** **Mr. Wack Nung Sun**
Li Ho Fung (5D) Pun Pak Wai (5D) Yip Rossi (5D)

Discus: **Mr. Lo Man Chiu*** **Mr. Ma Yiu Chung** **Mr. Yau Yiu**
Chan Kun Tsz (4A) Mak Chun Yin (4A) Yu Chun Yin (4A)

Discipline: **Mr. Ho Tai On** **Mr. Lam Tsz Man**

House Teachers In-charge (Discipline and Cheering Team):

K House: **Ms. Wong Po Yee** **T House:** **Mr. Lam Tat Wai**
M House: **Ms. Ng Pui Ying** **C House:** **Ms. Fong Wai**

Opening & Closing Ceremony Co-ordinator: **Ms. Chan Kit Lai**

Cheering Team Competition Co-ordinator : **Ms. Ng Pui Ying**

Reception: **Mr. Li Man Shun**

Equipment: **Mr. Chan San**

Flag Raising: **Ms. Tsang Hoi Yin & Red Cross Cadets**

School Song: **Ms. Chan Kit Lai**

First Aid: **Ms. Tsang Hoi Yin** **Mr. Yung Hap** **Mr. Pang Mau Sing**
AMS and Red Cross Cadets

Photo & Video Taking: **Mr. Chow Yuk Kwan** **Mr. Liang Kwing Yuen**
Photographic Team Campus TV

“ * ” Chief

“ ⑧ ” Runner

KWUN TONG MARYKNOLL COLLEGE**46th Annual Athletics Meet**Date: 12th December, 2018 (Monday) Venue: Wan Chai Sports Ground**First Day Programme**

Events	Time	Event	Grade	Heats/Finals
1	8:05 am	Assembly		
2	8:30 am	Opening Ceremony & Flag Raising Ceremony		
3	9:10 am	100m	C	8 Heats (62)
4		100m	B	5 Heats (38)
5		100m	A	6 Heats (48)
6		Discus	A	Final (25)
7		Shot Put	B	Final (44)
8		High Jump	B	Final (11)
9		Triple Jump	A	Final (11)
10		Triple Jump	B	Final (4)
11		Long Jump	C	Final (40)
12	10:15 am	400m	A	Straight final
13		400m	B	2 Heats (11)
14		400m	C	2 Heats (13)
15	10:30 am	Javelin	B	Final (9)
16	10:30 am	1500m	A	2 Final (38)
17		1500m	B	Final (6)
18		1500m	C	Final (8)
19		Discus	B	Final (14)
20	11:15 am	200m	A	3 Heats (19)
21		200m	B	3 Heats (20)
22		200m	C	3 Heats (21)
	11:50am	L U N C H		
		B R E A K		
23	1:35 pm	110 Hurdles	A	Final (5)
24		100 Hurdles	B	Final (6)
25		Shot Put	A	Final (18)
26		Discus	C	Final (5)
27		Long Jump	B	Final (51)
28		High Jump	C	Final (7)
29				
30	2:00 pm	5000m	A	Final (15)
31	2:35 pm	4x400m Inter-house Relay	C	Final
32		4x400m Inter-house Relay	B	Final
33		4x400m Inter-house Relay	A	Final

4:00 pm End of First Day Events

- Note:** (i) Finals : Positions are determined by the competitors' individual **Completing** record achieved.
(ii) SF : Semi-final
(iii) (No.): Number of participants.

KWUN TONG MARYKNOLL COLLEGE
46th Annual Athletics Meet

Date: 13th December, 2018 (Monday) Venue: Wan Chai Sports Ground

Final Day Programme

Events	Time	Event	Grade	Final
1	8:05 am	Assembly		
2	8:30 am	400m Hurdles	A	2 Final (9)
3		Long Jump	A	Final (31)
4		Shot Put	C	Final (23)
5		Javelin	A	Final (27)
6	8:45 am	100m	B	Final
7		100m	C	Final
8		100m	A	Final
9	9:05 am	800m	B	Final (15)
10		800m	C	Final (7)
11		800m	A	Final (10)
12		High Jump	A	Final (17)
13	9:35 am	200m	B	Final
14		200m	C	Final
15		200m	A	Final
16	9:55 am	400m	B	Final
17		400m	C	Final
18		400m	A	Final (8)
		** 900m 'Run for Fun'	Graduation Classes	Final (5 Classes)
19	11:30 am	4x100m Inter-house Relay	C	Final
20		4x100m Inter-house Relay	B	Final
21		4x100m Inter-house Relay	A	Final
22	11:55 am	4 x 100m Graduation Classes Relay		
23	12:15 pm	4 x 100m Teacher/Parent - student Relay		
24	12:30 pm	4 x 100m Old Boys Relay		
25	12:45 pm	Grand Prizes Presentation		
26	1:00 pm	Closing Ceremony		

1:30 pm

END

Note: ** : The **900m 'Run for Fun' Champion** is determined by the first 30 best positions in the Run

(No.) : Number of participants

Best Record of Individual Events

A Grade

Events	Record Holder	Record	Year
100M	Lo Wai Yip	11.50"	2003
200M	Lo Wai Yip	23.60"	2002
400M	Wong Chi Kei	52.88"	1997
800M	Wong Chi Kei	2'5.07"	1996
1500M	Wong Chi Kei	4'25.4"	1996
5000M	Hui Ming Hei	17'28.05"	2003
110M Hurdles	Tai Ka Chun	16.29"	2011
Long Jump	Ngan Ho Yin	6.60m	1997
High Jump	Ngan Ho Yin	1.73m	1997
Triple Jump	Tai Ka Chun	13.24m	2011
Shot Put	Lee Mau Yuen	13.74.m	2017
Javelin	Lai Yik Wai	39.87m	2010
Discus	Sze Wing Sing	28.55m	2013
4x100M Relay	Evening	47.9"	1984
4x400M Relay	L House	3'52.82"	1997

B Grade

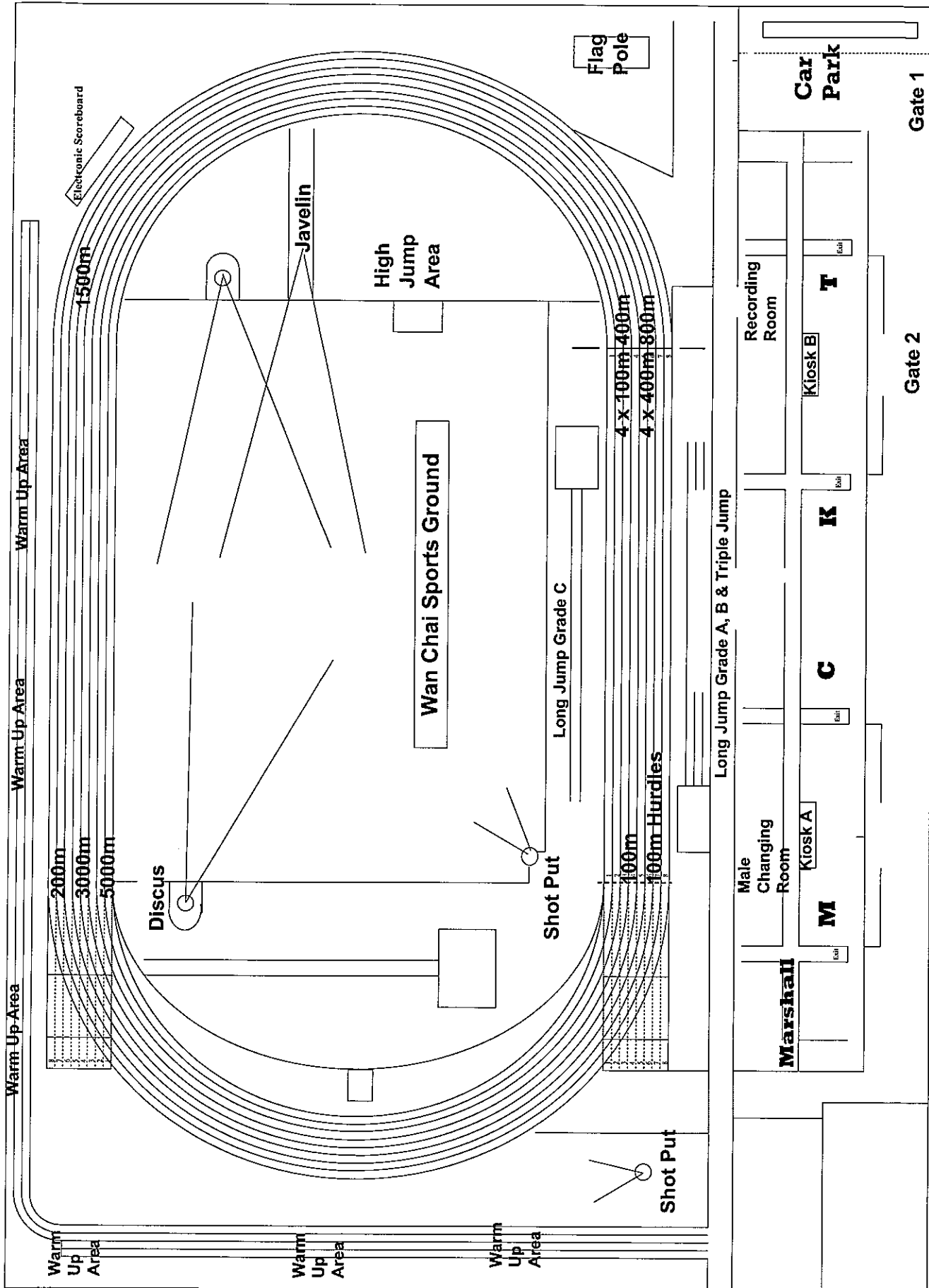
Events	Record Holder	Record	Year
100M	Wu Hou Lam	11.65"	2008
200M	Wu Hou Lam	24.25"	2008
400M	Lau Ho Leung	55.13"	2004
800M	Lau Ho Leung	2'13.26"	2004
1500M	Chan Chi Man	4'39.84"	2000
3000M	Hui Hon Chun	10'22'08"	2003
100M Hurdle	Chan Chun Wai	15.58"	2004
Long Jump	Chan Wing Fu	5.51m	2007
High Jump	Lai Lok Fung	1.62m	2004
Triple Jump	Tai Ka Chun	11.42m	2010
Shot Put	Lam Kai Chun	12.39m	2007
Javelin	Lai Yik Wai	30.66	2008
Discus	Chan Hing Wah	33.85m	2012
4x100M Relay	L House	48.05"	1994
4x400M Relay	L House	3'59.91"	1996

C Grade

Events	Record Holder	Record	Year
100M	Wahab Abu Omar	13.02"	2010
200M	Wong Ching Lam	26.90"	2017
400M	Wong Ching Lam	1'02.42"	2017
800M	Tse Chun Yin	2'31.15"	2000
1500M	Cheung Chun Yu	5'11.74"	2004
100M Hurdles	Ng Tsz Yau	17'56"	2010
High Jump	Lo Hon Lam	1.50m	2017
Shot Put	Lee Mau Yuen	10.51m	2014
Discus	Muhammad Zaryab	25.38m	2017
Long Jump	Chan Chiu Tung	4.55m	2005
4x100M Relay	T House	50"	1987
4x400M Relay	M House	4'3.4"	1979

Events	Record Holder	Record	Year
4x100M Graduate Classes Relay	7B	48.56"	2004

告士打道
G l o u c e s t e r R o a d



Hung Hing Road

Footbridge to Sun Hung Kei Centre

Not to scale

Heatsday Entry List

Event No.: 3
 Event code: 01-100mC
 Event Name: 100m
 Event Time: 09:10

Heat

Heat No.: 1 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	2B	10	HO KA CHUN	C2B10	M	C
2	2B	24	NG HO HIM	T2B24	M	T
3	1B	32	YU HO HEI	K1B32	M	K
4	1D	16	LI KA KI	M1D16	M	M
5	1B	31	YU CHEUK KIT	M1B31	M	M
6	2D	15	KO HO HEI JOSE	C2D15	M	C
7	1A	18	LI KA CHUN	T1A18	M	T
8	1D	2	CHAN CHI PAN	K1D02	M	K

Heat No.: 2 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1B	12	HO WAI YIN	K1B12	M	K
2	2A	24	LU MAN SANG	T2A24	M	T
3	2B	28	TSANG HOI TO	C2B28	M	C
4	1A	20	NGAI HOK LAM	M1A20	M	M
5	1C	3	CHENG SHEUNG	T1C03	M	T
6	1D	3	CHAN KIN HO	K1D03	M	K
7	1D	5	CHAN PAK KIU	K1D05	M	K
8	2B	11	HUI KING LAM	T2B11	M	T

Heat No.: 3 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1B	14	LAU CHUN TUNG	T1B14	M	T
2	1A	9	LAI TSAN PANG	K1A09	M	K
3	1B	23	TIP KING WAI ALEX	K1B23	M	K
4	1D	10	HO LOK HIN	K1D10	M	K
5	1A	16	LEE TSUN FUNG	K1A16	M	K
6	1B	25	WONG KIN HIN	M1B25	M	M
7	2B	34	YUEN WAI TAI	M2B34	M	M
8	1C	10	CHU CHUN YIN	T1C10	M	T

Heat No.: 4 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1D	9	CHUNG VINCENT	K1D09	M	K
2	1A	22	PENG TSZ KIN	M1A22	M	M
3	2D	34	YUEN YAT HEI	C2D34	M	C
4	1C	30	YE KAI YUEN	M1C30	M	M
5	2C	21	LUNG POK HON	K2C21	M	K
6	1D	11	HO TSZ NGOK	K1D11	M	K
7	2D	11	FONG TSZ HO	C2D11	M	C
8	1D	8	CHUNG CHO NAM	C1D08	M	C

Heat No.: 5 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	2C	32	XIAN KA HO	T2C32	M	T
2	1B	3	CHAN KING HIN	T1B03	M	T
3	1B	13	LAM KAM CHAK	T1B13	M	T
4	1B	8	FANG YUK CHIU	T1B08	M	T
5	2B	19	LEUNG CHUNG	C2B19	M	C
6	1D	23	SUI MAN HO	T1D23	M	T
7	1B	22	SZE CHUNG HIM	M1B22	M	M

Heatsday Entry List

Heat No.: 5 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
8	2D	25	SZE CHI HEI	M2D25	M	M

Heat No.: 6 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1B	24	WONG CHUN HEI	K1B24	M	K
2	2C	16	LAW HAYDEN	C2C16	M	C
3	2D	21	LUI HO MAN	M2D21	M	M
4	1A	26	TAM YAT HEI JAY	T1A26	M	T
5	2C	25	SHEA CHUN YIN	C2C25	M	C
6	1C	14	LAM HO KAN	K1C14	M	K
7	1D	7	CHU KAI HIN	M1D07	M	M
8	1A	5	CHOW CHUN HEI	K1A05	M	K

Heat No.: 7 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1C	1	CHAK SHERLOCK	M1C01	M	M
2	2D	32	YAU CHI HUNG	C2D32	M	C
3	1A	1	CAO JIAXI	M1A01	M	M
4	1C	13	KWOK CHUN YIN	T1C13	M	T
5	2C	13	LAM CHEUK SAN	K2C13	M	K
6	1C	16	LEE KIN TUNG	C1C16	M	C
7	1B	33	ZHOU KA LOK	K1B33	M	K

Heat No.: 8 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	2C	23	POON KA WAI	M2C23	M	M
2	2B	13	LAM HON PUI	M2B13	M	M
3	2B	17	LEE YU HO	T2B17	M	T
4	1D	27	WONG CHEUK-YIU	M1D27	M	M
5	2B	8	CHOI KWAN LEONG	T2B08	M	T
6	1A	30	WONG WING FUNG	M1A30	M	M
7	1A	24	SIT TSZ HIM	C1A24	M	C

Event No.: 4
 Event code: 01-100mB
 Event Name: 100m
 Event Time: 09:10

Heat

Heat No.: 1 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	3D	20	MOK CHIU WA	T3D20	M	T
2	2B	26	OU JIANCONG	T2B26	M	T
3	3C	2	CHEUK KWAN HO	C3C02	M	C
4	3C	4	HO CHEUK LAM	C3C04	M	C
5	4A	14	NG CHEUK NUNG	M4A14	M	M
6	4C	15	LEE KING FAI	T4C15	M	T
7	4A	17	TANG CHI LONG	K4A17	M	K
8	3B	19	LAM CHUN YEUNG	T3B19	M	T

Heat No.: 2 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	4D	10	KWOK KIN WAI	M4D10	M	M
2	3B	12	HO JOY YAN	K3B12	M	K
3	2B	33	YEUNG CHEUNG	K2B33	M	K
4	4A	22	YIP CHUN HEI	T4A22	M	T
5	3A	26	WONG KIN CHUN	K3A26	M	K

Heatsday Entry List

Heat No.: 2 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
6	3B	4	CHAN YAT HO	M3B04	M	M
7	3D	1	CHAN YIK HO	C3D01	M	C
8	3C	27	XU TIAN ZHI	T3C27	M	T

Heat No.: 3 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	4E	16	LEUNG CHUN	M4E16	M	M
2	3D	17	LEUNG WING	T3D17	M	T
3	4D	27	WONG TSZ HO	M4D27	M	M
4	3A	17	LI MAN HO	K3A17	M	K
5	3C	30	YU SIU SING	C3C30	M	C
6	2C	22	NG TSZ KIT	T2C22	M	T
7	4D	5	CHOW YIN PONG	M4D05	M	M
8	4D	2	CHEUNG CHI HUNG	K4D02	M	K

Heat No.: 4 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	3D	18	LUN EDMUND TSZ	C3D18	M	C
2	4C	6	CHEUNG TSZ	K4C06	M	K
3	4C	1	CAI YIK HOI	K4C01	M	K
4	4D	3	CHEUNG KING WA	M4D03	M	M
5	3D	15	LAM MAN KIT	M3D15	M	M
6	4C	11	HUI KIT LAM	C4C11	M	C
7	3B	18	KWOK CHUNG NIN	C3B18	M	C

Heat No.: 5 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	4E	7	FUNG HO YEUNG	C4E07	M	C
2	4E	27	YIU CHEUK MAN	C4E27	M	C
3	3A	19	LIU KA NOK	M3A19	M	M
4	3C	25	WONG KA HEI	M3C25	M	M
5	4A	12	LING HO LAM	T4A12	M	T
6	2C	12	LAI HOI PO	M2C12	M	M
7	3A	32	YAU MAN WA	T3A32	M	T

Event No.: 5
 Event code: 01-100mA
 Event Name: 100m
 Event Time: 09:10

Heat

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	5C	17	LI HONG CHUN	K5C17	M	K
2	5A	13	LEE KING CHING	C5A13	M	C
3	5A	4	CHONG HO KWAN	C5A04	M	C
4	6E	9	KO CHEUK HIM	C6E09	M	C
5	6E	8	IP SHING WAI	T6E08	M	T
6	5B	9	HO KA YIU	M5B09	M	M
7	6C	16	LI KAM PAK	T6C16	M	T
8	6E	28	YUEN LOK PUI	T6E28	M	T

Heat No.: 2 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6B	14	SO KIN SHING	C6B14	M	C
2	5A	5	HO SING HEI	K5A05	M	K
3	6C	18	NGAN TSZ HO	T6C18	M	T

Heatsday Entry List

Heat No.: 2 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
4	5A	6	HO TAK TING	K5A06	M	K
5	6E	16	NG PAK HIN	K6E16	M	K
6	6D	9	LAM CHUN HO	K6D09	M	K
7	6B	2	FAN CHIN WANG	K6B02	M	K
8	5A	3	CHAN WAI MING	K5A03	M	K

Heat No.: 3 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	5B	22	WONG TIN LAP	T5B22	M	T
2	6E	25	YEUNG CHI HIN	C6E25	M	C
3	6B	10	MA KWAN YIN	T6B10	M	T
4	5D	4	CHAN WAI CHUNG	C5D04	M	C
5	6C	3	CHAN WAI KUEN	C6C03	M	C
6	6E	18	SIT SING YEUNG	M6E18	M	M
7	6A	12	LEUNG LOK TIN	K6A12	M	K
8	6E	24	WONG TSZ HO	T6E24	M	T

Heat No.: 4 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	5B	10	KAO KAI HO	C5B10	M	C
2	5B	12	LAI WAI FUNG	C5B12	M	C
3	5C	27	YEUNG CHUN CHIU	T5C27	M	T
4	6B	5	KWOK TSZ NOK	K6B05	M	K
5	5A	11	LAU HO	T5A11	M	T
6	6C	25	YEUNG CHUN KIT	K6C25	M	K
7	5A	8	KWAN KWOK YIN	C5A08	M	C
8	5B	1	CHAN KWAN TING	T5B01	M	T

Heat No.: 5 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6E	12	KWOK CHUN HO	T6E12	M	T
2	6A	7	HUI HIN MING	M6A07	M	M
3	5C	14	LAI KIN LOK	M5C14	M	M
4	5B	21	WONG HONG YAU	M5B21	M	M
5	6B	6	LEE HO TING	M6B06	M	M
6	5A	19	WONG CHUN WAI	T5A19	M	T
7	6E	22	WONG CHING HEI	M6E22	M	M
8	5A	7	HUI KA KWAN	T5A07	M	T

Heat No.: 6 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	5A	12	LAU HOI KIT	C5A12	M	C
2	6A	18	TANG YU CHUN	C6A18	M	C
3	5B	7	FONG KA KIN	K5B07	M	K
4	6E	1	CHAN YU HIM	K6E01	M	K
5	3C	17	LUO RENLONG	K3C17	M	K
6	6D	20	POON KA NOK	M6D20	M	M
7	5B	11	LAI HOI TO	K5B11	M	K
8	5A	21	WONG YU HONG	T5A21	M	T

Event No.: 6
 Event code: 16-DisA
 Event Name: Discus
 Event Time: 09:10

Final

Heatsday Entry List

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	4E	9	IU KWING YAM	K4E09	M	K
2	5B	9	HO KA YIU	M5B09	M	M
3	5C	3	CHANG ZHI KIN	C5C03	M	C
4	6A	2	CHAN MAN HIN	C6A02	M	C
5	6B	17	YU HIN WA	T6B17	M	T
6	6D	21	TSANG CHUN KIT	T6D21	M	T
7	6C	10	HO KING KIT	K6C10	M	K
8	6B	15	TANG NOK HIN	T6B15	M	T
9	5E	7	CHONG FUNG NGAI	K5E07	M	K
10	6B	19	YUEN YAN KIN	K6B19	M	K
11	6A	12	LEUNG LOK TIN	K6A12	M	K
12	6B	9	LUK FUNG WA	T6B09	M	T
13	6B	13	SO CHUN KIT	C6B13	M	C
14	5B	23	WONG YAT LONG	M5B23	M	M
15	5C	9	CHEUNG PAK SUM	M5C09	M	M
16	4B	1	CHAN CHUN HEI	M4B01	M	M
17	5C	6	CHEUNG CHEUK	T5C06	M	T
18	3C	13	LEE KAM SUN	T3C13	M	T
19	5E	24	WONG CHAK TO	T5E24	M	T
20	4B	7	CHO HEI KANG	M4B07	M	M
21	6A	4	CHEUNG TSUN YIN	K6A04	M	K
22	4C	7	CHOI CHUN HO	M4C07	M	M
23	6B	4	KWOK CHUN HIN	C6B04	M	C
24	6E	4	CHOI NICHOLAS	T6E04	M	T
25	6C	23	WONG HO SHUN	K6C23	M	K

Event No.: 7
 Event code: 14-SPB
 Event Name: Shot Put
 Event Time: 09:10

Final

Heat No.: 1 Grade: B						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	3D	2	CHENG HO FARN	M3D02	M	M
2	2A	9	HE KA SHING	T2A09	M	T
3	3D	22	NG HOK MAN	K3D22	M	K
4	4D	1	CHAN KAR FAI	K4D01	M	K
5	3D	11	HUANG KAM FUNG	K3D11	M	K
6	4D	19	NG HOK HIM	K4D19	M	K
7	3B	2	CHAN TSZ KIU	C3B02	M	C
8	3D	21	MUHAMMAD	C3D21	M	C
9	4C	23	TONG HOI YIN	T4C23	M	T
10	2C	4	CHAU WAI KIT	K2C04	M	K
11	3A	26	WONG KIN CHUN	K3A26	M	K
12	4D	4	CHOI KIN HO	C4D04	M	C
13	4D	20	NG YING LAM	T4D20	M	T
14	3D	9	HO KING MING	T3D09	M	T
15	2D	31	XIE KWOK HO	M2D31	M	M
16	3D	6	CHONG KING KUEN	M3D06	M	M
17	4B	13	LEUNG HOI ON	M4B13	M	M
18	3A	18	LI TSZ SHING	C3A18	M	C
19	4C	24	WU CHIU YIN	T4C24	M	T
20	3C	18	MA TSZ HIN	T3C18	M	T

Heatsday Entry List

Heat No.: 1 Grade: B						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
21	3D	31	YEUNG MAN LOK	K3D31	M	K
22	3D	23	PANG YUI YIP	T3D23	M	T
23	4C	17	LEUNG YIU KWAN	C4C17	M	C
24	3A	1	BUI MAN CHUNG	K3A01	M	K
25	4A	2	CHAN HONG YU	C4A02	M	C
26	2C	1	CHAN CHUN HEI	T2C01	M	T
27	2D	13	HUI WAI HANG	M2D13	M	M
28	3B	1	CHAN MING YIN	M3B01	M	M
29	4C	3	CHAN MING SUM	C4C03	M	C
30	3B	25	NGAI HO MING	K3B25	M	K
31	4D	25	TSE TO LEUNG	C4D25	M	C
32	3D	4	CHEUNG HO HIN	C3D04	M	C
33	3A	13	LAO KA LOK	C3A13	M	C
34	3C	24	WONG CHUN SING	K3C24	M	K
35	3D	27	WONG CHUN YIU	T3D27	M	T
36	3A	14	LAU CHI CHUNG	K3A14	M	K
37	4A	7	CHOI CHUN HEI	T4A07	M	T
38	2A	13	KWOK KA HO	T2A13	M	T
39	3B	33	YIP CHI KONG	M3B33	M	M
40	3C	28	YAM CHEUNG SIU	M3C28	M	M
41	4C	22	SIN HO SHING	C4C22	M	C
42	2C	9	FONG LEUNG YUI	T2C09	M	T
43	3D	25	TONG HO TSUN	M3D25	M	M
44	4C	25	ZHOU KA WAI	C4C25	M	C

Event No.: 8
 Event code: 11-HJB
 Event Name: High Jump
 Event Time: 09:10

Final

Heat No.: 1 Grade: B						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	4B	12	LEUNG HO KWAN	T4B12	M	T
2	4A	5	CHENG PAK KIU	T4A05	M	T
3	3D	20	MOK CHIU WA	T3D20	M	T
4	4D	7	HO WING FAI	M4D07	M	M
5	4B	4	CHAN TSZ CHIU	T4B04	M	T
6	4D	17	LIANG CHUNG YIN	K4D17	M	K
7	3C	15	LI WING YAM	K3C15	M	K
8	4E	16	LEUNG CHUN	M4E16	M	M
9	4A	15	SHEK CHAK LOK	M4A15	M	M
10	4D	3	CHEUNG KING WA	M4D03	M	M
11	4A	20	YAU WAI TAT	C4A20	M	C

Event No.: 9
 Event code: 13-TJA
 Event Name: Triple Jump
 Event Time: 09:10

Final

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6E	8	IP SHING WAI	T6E08	M	T
2	5A	4	CHONG HO KWAN	C5A04	M	C
3	5E	4	CHAN KAI TO	K5E04	M	K
4	5C	17	LI HONG CHUN	K5C17	M	K

Heatsday Entry List

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
5	5B	16	LEUNG KING TONG	K5B16	M	K
6	6B	3	FU CHOI YUNG	T6B03	M	T
7	4A	4	CHAN TO KAMSON	C4A04	M	C
8	5A	7	HUI KA KWAN	T5A07	M	T
9	5B	7	FONG KA KIN	K5B07	M	K
10	6C	19	SIU CHUNG HIM	C6C19	M	C
11	3D	19	MAR SIU TUNG	C3D19	M	C

Event No.: 10
 Event code: 13-TJB
 Event Name: Triple Jump
 Event Time: 09:10

Final

Heat No.: 1 Grade: B						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	4E	13	LAM CHUN MAN	T4E13	M	T
2	4A	22	YIP CHUN HEI	T4A22	M	T
3	3C	15	LI WING YAM	K3C15	M	K
4	3B	21	LIN WENBIN	T3B21	M	T

Event No.: 11
 Event code: 12-LJC
 Event Name: Long Jump
 Event Time: 09:10

Final

Heat No.: 1 Grade: C						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	2D	15	KO HO HEI JOSE	C2D15	M	C
2	1B	12	HO WAI YIN	K1B12	M	K
3	2D	26	SZETO KWOK	K2D26	M	K
4	1A	12	LAM SHUN HANG	M1A12	M	M
5	2D	20	LO CHOI FU	T2D20	M	T
6	1D	28	WONG HIN TUNG	T1D28	M	T
7	1C	17	LEUNG JEFFREY	M1C17	M	M
8	2B	23	MA TSZ KAN	M2B23	M	M
9	1B	14	LAU CHUN TUNG	T1B14	M	T
10	1C	10	CHU CHUN YIN	T1C10	M	T
11	1B	10	HAU WING HEI	C1B10	M	C
12	1D	30	YOUNG HEI CHING	T1D30	M	T
13	1D	19	LO TSZ YEUNG	C1D19	M	C
14	1A	2	CAO XUXI	C1A02	M	C
15	1C	29	WONG YIK YU	C1C29	M	C
16	1D	20	NG KING YEUNG	K1D20	M	K
17	1A	33	YEUNG TSUN HO	M1A33	M	M
18	2A	7	CHEUNG WAI HO	T2A07	M	T
19	1B	16	LEE KAM HUNG	M1B16	M	M
20	1B	13	LAM KAM CHAK	T1B13	M	T
21	1B	22	SZE CHUNG HIM	M1B22	M	M
22	1D	32	YUEN CHUN YU	M1D32	M	M
23	1A	4	CHEN KA HO	K1A04	M	K
24	2D	21	LUI HO MAN	M2D21	M	M
25	1A	7	LAI CHEUK KIU	M1A07	M	M
26	1D	26	WONG CHAK YIU	T1D26	M	T
27	2B	31	WONG HONG YUE	M2B31	M	M
28	2C	16	LAW HAYDEN	C2C16	M	C

Heatsday Entry List

Heat No.: 1 Grade: C						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
29	1D	13	LAI MAN TSUN	C1D13	M	C
30	1B	24	WONG CHUN HEI	K1B24	M	K
31	2B	22	LUI MARCUS CHING	C2B22	M	C
32	2C	10	JEROME	K2C10	M	K
33	1D	15	LAW PAK HO	T1D15	M	T
34	1A	1	CAO JIAXI	M1A01	M	M
35	1C	7	CHEUNG YU HANG	K1C07	M	K
36	1D	21	POON LONG KIU	K1D21	M	K
37	2C	17	LEE KIN WAI	C2C17	M	C
38	1B	26	WONG KWUN	C1B26	M	C
39	1A	30	WONG WING FUNG	M1A30	M	M
40	2B	13	LAM HON PUI	M2B13	M	M

Event No.: 12
 Event code: 03-400mA
 Event Name: 400m
 Event Time: 10:15

Heat

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6D	19	PONG KA MING	C6D19	M	C
2	6C	22	WONG HO LAP	K6C22	M	K
3	5C	17	LI HONG CHUN	K5C17	M	K
4	5A	10	LAM WANG CHUN	T5A10	M	T
5	6B	17	YU HIN WA	T6B17	M	T
6	4B	7	CHO HEI KANG	M4B07	M	M
7	6C	19	SIU CHUNG HIM	C6C19	M	C
8	6E	17	POON WANG	C6E17	M	C

Event No.: 13
 Event code: 03-400mB
 Event Name: 400m
 Event Time: 10:15

Heat

Heat No.: 1 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
2	3B	24	NG HONG YU	T3B24	M	T
3	3C	10	LAU MING WAH	K3C10	M	K
4	4C	10	HO PUN WAI	T4C10	M	T
5	3D	13	HUNG CHI KIT	C3D13	M	C
6	3C	21	SUNG WAI KIT	K3C21	M	K
7	3C	8	LAM KA CHUN	K3C08	M	K

Heat No.: 2 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
2	3A	30	WONG WING HO	K3A30	M	K
3	3B	8	FONG KA MAN	T3B08	M	T
4	3B	21	LIN WENBIN	T3B21	M	T
5	3C	23	WONG CHING NAM	C3C23	M	C
6	2C	12	LAI HOI PO	M2C12	M	M

Event No.: 14
 Event code: 03-400mC
 Event Name: 400m
 Event Time: 10:15

Heat

Heatsday Entry List

Heat No.: 1 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	2A	12	IP CHUN HEI	C2A12	M	C
2	2D	20	LO CHOI FU	T2D20	M	T
3	2C	31	WU KAI CHUN	C2C31	M	C
4	1C	3	CHEUNG SHEUNG	T1C03	M	T
5	1D	4	CHAN MAN LONG	C1D04	M	C
6	2D	26	SZETO KWOK	K2D26	M	K
7	2C	20	LO KING LAM	K2C20	M	K

Heat No.: 2 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
2	1B	6	CHEUNG HIN WA	C1B06	M	C
3	1B	13	LAM KAM CHAK	T1B13	M	T
4	1D	29	WONG TSZ HO	T1D29	M	T
5	1A	33	YEUNG TSUN HO	M1A33	M	M
6	2C	32	XIAN KA HO	T2C32	M	T
7	2B	22	LUI MARCUS CHING	C2B22	M	C

Event No.: 15
 Event code: 15-JavB
 Event Name: Javelin
 Event Time: 10:30

Final

Heat No.: 1 Grade: B						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	4B	6	CHEUNG POK WAI	M4B06	M	M
2	2C	4	CHAU WAI KIT	K2C04	M	K
3	4B	13	LEUNG HOI ON	M4B13	M	M
4	4E	18	LEUNG YUI CHUN	K4E18	M	K
5	3C	3	HIMAL RAUT	T3C03	M	T
6	4C	16	LEUNG KONG MING	C4C16	M	C
7	4E	25	WONG YIU KWAN	K4E25	M	K
8	4A	21	YEUNG CHUN HIN	K4A21	M	K
9	4E	1	CHAN CHUN WAI	K4E01	M	K

Event No.: 16
 Event code: 05-1500mA
 Event Name: 1500m
 Event Time: 10:30

Final

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	5E	10	HO PO WA	C5E10	M	C
2	6E	15	NG CHEUK YIN JOE	K6E15	M	K
3	4E	9	IU KWING YAM	K4E09	M	K
4	6E	2	CHEUNG KWAN HEI	K6E02	M	K
5	5C	3	CHANG ZHI KIN	C5C03	M	C
6	5E	4	CHAN KAI TO	K5E04	M	K
7	5E	11	HUNG CHI KIT	K5E11	M	K
8	5C	21	NG KAI TIK	M5C21	M	M
9	5E	23	WAN CHUN KIT	M5E23	M	M
10	6C	6	CHOW HIM YAU	M6C06	M	M
11	6B	1	CHAN WAI HIM	M6B01	M	M
12	6E	26	YU CHUN FUNG	K6E26	M	K
13	5C	24	SIU KING MAN	T5C24	M	T
14	5E	17	LEUNG CHI HIN	M5E17	M	M
15	6E	14	LEUNG HOI HO	C6E14	M	C

Heatsday Entry List

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
16	6B	13	SO CHUN KIT	C6B13	M	C
17	5A	11	LAU HO	T5A11	M	T
18	6D	6	CHUI PAK HEI	C6D06	M	C
19	5C	9	CHEUNG PAK SUM	M5C09	M	M
20	5D	1	CHAN CHUN WING	T5D01	M	T
21	6D	4	CHAU CHUNG HIN	T6D04	M	T
22	5C	6	CHEUNG CHEUK	T5C06	M	T
23	5D	8	LEE CHONG FAI	C5D08	M	C
24	5B	20	WONG ADRIAN	K5B20	M	K
25	6C	12	LAU KAI CHUNG	M6C12	M	M
26	5A	19	WONG CHUN WAI	T5A19	M	T
27	5D	13	NGAN WANG YIU	C5D13	M	C
28	4C	7	CHOI CHUN HO	M4C07	M	M
29	6C	22	WONG HO LAP	K6C22	M	K
30	6E	1	CHAN YU HIM	K6E01	M	K
31	6E	10	KONG MING KIN	M6E10	M	M
32	6E	3	CHOI MING HO	K6E03	M	K
33	5C	23	SEOW CHEUK HIN	C5C23	M	C
34	5C	20	MAK SIU WUN	T5C20	M	T
35	6E	17	POON WANG	C6E17	M	C
36	3D	19	MAR SIU TUNG	C3D19	M	C
37	5D	7	KUO PO HUNG	C5D07	M	C
38	5C	26	YAU LOK TIN	C5C26	M	C

Event No.: 17
 Event code: 05-1500mB
 Event Name: 1500m
 Event Time: 10:30

Final

Heat No.: 1 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	3A	16	LI KA HIN	C3A16	M	C
2	3B	14	HUANG CHI WAI	C3B14	M	C
3	4A	17	TANG CHI LONG	K4A17	M	K
4	4B	17	SHE KWOK HEI	K4B17	M	K
5	4D	26	WONG NOK KAN	T4D26	M	T
6	3D	24	TANG TIK MAN	T3D24	M	T

Event No.: 18
 Event code: 05-1500mC
 Event Name: 1500m
 Event Time: 10:30

Final

Heat No.: 1 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1C	32	YU HO TUNG	T1C32	M	T
2	1C	31	YEUNG SHEUNG	M1C31	M	M
3	1C	29	WONG YIK YU	C1C29	M	C
4	1A	33	YEUNG TSUN HO	M1A33	M	M
5	2D	27	TSEUNG WAI YIN	K2D27	M	K
6	1D	31	YU SHUN YIN ISAAC	C1D31	M	C
7	1A	7	LAI CHEUK KIU	M1A07	M	M
8	2A	16	LAW HOI KWONG	K2A16	M	K

Heatsday Entry List

Event No.: 19
Event code: 16-DisB
Event Name: Discus
Event Time: 10:30

Final

Heat No.: 1 Grade: B						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	3D	2	CHENG HO FARN	M3D02	M	M
2	4D	1	CHAN KAR FAI	K4D01	M	K
3	3D	11	HUANG KAM FUNG	K3D11	M	K
4	4B	6	CHENG POK WAI	M4B06	M	M
5	4D	13	LEE HONG CHING	K4D13	M	K
6	4D	19	NG HOK HIM	K4D19	M	K
7	3D	21	MUHAMMAD	C3D21	M	C
8	2D	31	XIE KWOK HO	M2D31	M	M
9	4E	18	LEUNG YUI CHUN	K4E18	M	K
10	3C	3	HIMAL RAUT	T3C03	M	T
11	3D	31	YEUNG MAN LOK	K3D31	M	K
12	4C	16	LEUNG KONG MING	C4C16	M	C
13	4C	1	CAI YIK HOI	K4C01	M	K
14	4C	11	HUI KIT LAM	C4C11	M	C

Event No.: 20
Event code: 02-200mA
Event Name: 200m
Event Time: 11:15

Heat

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6E	18	SIT SING YEUNG	M6E18	M	M
2	6B	14	SO KIN SHING	C6B14	M	C
3	6C	18	NGAN TSZ HO	T6C18	M	T
4	6A	2	CHAN MAN HIN	C6A02	M	C
5	6E	16	NG PAK HIN	K6E16	M	K
6	6B	2	FAN CHIN WANG	K6B02	M	K
7	6E	26	YU CHUN FUNG	K6E26	M	K

Heat No.: 2 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
2	6B	12	SIU MAN HO	M6B12	M	M
3	6C	25	YEUNG CHUN KIT	K6C25	M	K
4	6E	14	LEUNG HOI HO	C6E14	M	C
5	6E	24	WONG TSZ HO	T6E24	M	T
6	6E	11	KWAN MARCO IP	M6E11	M	M
7	6A	14	PANG CHIN CHING	M6A14	M	M

Heat No.: 3 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
2	5B	11	LAI HOI TO	K5B11	M	K
3	6D	20	POON KA NOK	M6D20	M	M
4	6E	12	KWOK CHUN HO	T6E12	M	T
5	6E	3	CHOI MING HO	K6E03	M	K
6	6A	18	TANG YU CHUN	C6A18	M	C
7	6A	8	HUI LOK YIN	C6A08	M	C

Event No.: 21
Event code: 02-200mB
Event Name: 200m
Event Time: 11:15

Heat

Heatsday Entry List

Heat No.: 1 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	2C	22	NG TSZ KIT	T2C22	M	T
2	3D	13	HUNG CHI KIT	C3D13	M	C
3	4A	8	CHUNG KA TO	C4A08	M	C
4	4A	14	NG CHEUK NUNG	M4A14	M	M
5	3D	29	XU KA LAM CALVIN	K3D29	M	K
6	3C	16	LI YUEN CHI	M3C16	M	M
7	3B	12	HO JOY YAN	K3B12	M	K

Heat No.: 2 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	3C	8	LAM KA CHUN	K3C08	M	K
2	3C	15	LI WING YAM	K3C15	M	K
3	3B	9	FONG YAT LONG	M3B09	M	M
4	3D	17	LEUNG WING	T3D17	M	T
5	3C	21	SUNG WAI KIT	K3C21	M	K
6	3B	24	NG HONG YU	T3B24	M	T
7	4E	24	WONG YAN HEI	C4E24	M	C

Heat No.: 3 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
2	3A	30	WONG WING HO	K3A30	M	K
3	3D	18	LUN EDMUND TSZ	C3D18	M	C
4	4C	8	CHU KA HEI	M4C08	M	M
5	3C	23	WONG CHING NAM	C3C23	M	C
6	4E	2	CHEN WANG	T4E02	M	T
7	4E	12	LAI HO FUNG	K4E12	M	K

Event No.: 22
Event code: 02-200mC
Event Name: 200m
Event Time: 11:15

Heat

Heat No.: 1 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1A	9	LAI TSAN PANG	K1A09	M	K
2	1A	12	LAM SHUN HANG	M1A12	M	M
3	1A	3	CHANG PAK LONG	M1A03	M	M
4	1B	31	YU CHEUK KIT	M1B31	M	M
5	2B	24	NG HO HIM	T2B24	M	T
6	1D	3	CHAN KIN HO	K1D03	M	K
7	1D	17	LIN CHUN HEI	K1D17	M	K

Heat No.: 2 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1B	22	SZE CHUNG HIM	M1B22	M	M
2	2B	19	LEUNG CHUNG	C2B19	M	C
3	1A	22	PENG TSZ KIN	M1A22	M	M
4	2A	12	IP CHUN HEI	C2A12	M	C
5	2D	34	YUEN YAT HEI	C2D34	M	C
6	1B	8	FANG YUK CHIU	T1B08	M	T
7	2D	2	CHAN HO BON	K2D02	M	K

Heat No.: 3 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1A	24	SIT TSZ HIM	C1A24	M	C
2	2B	22	LUI MARCUS CHING	C2B22	M	C

Heatsday Entry List

Heat No.: 3 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
3	1A	7	LAI CHEUK KIU	M1A07	M	M
4	1B	6	CHEUNG HIN WA	C1B06	M	C
5	2D	25	SZE CHI HEI	M2D25	M	M
6	1C	14	LAM HO KAN	K1C14	M	K
7	1C	13	KWOK CHUN YIN	T1C13	M	T

Event No.: 23
 Event code: 07-110mHA
 Event Name: 110m Hurdles
 Event Time: 13:35

Final

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
2	4A	4	CHAN TO KAMSON	C4A04	M	C
3	6B	3	FU CHOI YUNG	T6B03	M	T
4	6A	20	WONG HEI KIU	M6A20	M	M
5	6B	18	YU KAM KUEN	M6B18	M	M
6	6E	11	KWAN MARCO IP	M6E11	M	M

Event No.: 24
 Event code: 07-100mHB
 Event Name: 100m Hurdles
 Event Time: 13:35

Final

Heat No.: 1 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
3	4B	4	CHAN TSZ CHIU	T4B04	M	T
4	3C	4	HO CHEUK LAM	C3C04	M	C
5	3A	20	LO HON LAM	T3A20	M	T
6	4D	2	CHEUNG CHI HUNG	K4D02	M	K

Event No.: 25
 Event code: 14-SPA
 Event Name: Shot Put
 Event Time: 13:35

Final

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	5B	9	HO KA YIU	M5B09	M	M
2	6C	26	YU KIN FAI	C6C26	M	C
3	5E	11	HUNG CHI KIT	K5E11	M	K
4	5A	20	WONG HOI KI	C5A20	M	C
5	6B	8	LO KING NAM	C6B08	M	C
6	6B	15	TANG NOK HIN	T6B15	M	T
7	6B	19	YUEN YAN KIN	K6B19	M	K
8	6A	12	LEUNG LOK TIN	K6A12	M	K
9	6B	13	SO CHUN KIT	C6B13	M	C
10	6B	18	YU KAM KUEN	M6B18	M	M
11	6B	16	YEUNG CHUN HEI	K6B16	M	K
12	4B	1	CHAN CHUN HEI	M4B01	M	M
13	5E	24	WONG CHAK TO	T5E24	M	T
14	5B	21	WONG HONG YAU	M5B21	M	M
15	6B	12	SIU MAN HO	M6B12	M	M
16	4B	7	CHO HEI KANG	M4B07	M	M
17	6B	4	KWOK CHUN HIN	C6B04	M	C
18	5A	9	LAM HO HIN	M5A09	M	M

Heatsday Entry List

Event No.: 26
 Event code: 16-DisC
 Event Name: Discus
 Event Time: 13:35

Final

Heat No.: 1 Grade: C						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1B	9	FONG KAI HO	M1B09	M	M
2	1B	19	LING SIU HEI	T1B19	M	T
3	1B	16	LEE KAM HUNG	M1B16	M	M
4	2B	5	CHAN MING HOI	K2B05	M	K
5	2D	32	YAU CHI HUNG	C2D32	M	C

Event No.: 27
 Event code: 12-LJB
 Event Name: Long Jump
 Event Time: 13:35

Final

Heat No.: 1 Grade: B						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	3A	8	KO CHEUK HIM	K3A08	M	K
2	3C	4	HO CHEUK LAM	C3C04	M	C
3	4A	14	NG CHEUK NUNG	M4A14	M	M
4	3D	29	XU KA LAM CALVIN	K3D29	M	K
5	3A	16	LI KA HIN	C3A16	M	C
6	2A	18	LEUNG HO FUNG	T2A18	M	T
7	3C	16	LI YUEN CHI	M3C16	M	M
8	3B	17	KWAN HUO LANG	C3B17	M	C
9	3B	14	HUANG CHI WAI	C3B14	M	C
10	3B	29	TSANG CHIU CHUN	C3B29	M	C
11	4C	15	LEE KING FAI	T4C15	M	T
12	4C	10	HO PUN WAI	T4C10	M	T
13	3D	13	HUNG CHI KIT	C3D13	M	C
14	4A	17	TANG CHI LONG	K4A17	M	K
15	3D	20	MOK CHIU WA	T3D20	M	T
16	4E	13	LAM CHUN MAN	T4E13	M	T
17	4C	21	NG PING HIN	C4C21	M	C
18	4A	22	YIP CHUN HEI	T4A22	M	T
19	3A	26	WONG KIN CHUN	K3A26	M	K
20	3B	3	CHAN YAT HEI	T3B03	M	T
21	3B	12	HO JOY YAN	K3B12	M	K
22	3B	6	CHOW LOK HEI	K3B06	M	K
23	3D	9	HO KING MING	T3D09	M	T
24	4D	26	WONG NOK KAN	T4D26	M	T
25	4C	12	HUNG TAK TUNG	K4C12	M	K
26	2C	22	NG TSZ KIT	T2C22	M	T
27	3D	17	LEUNG WING	T3D17	M	T
28	4C	20	LO HIN TUNG	T4C20	M	T
29	3A	10	KWONG CHUN HIN	K3A10	M	K
30	3D	26	WANG WAI LEONG	M3D26	M	M
31	4D	5	CHOW YIN PONG	M4D05	M	M
32	4B	2	CHAN FONG NAM	T4B02	M	T
33	3C	22	TSE CHING KWOK	K3C22	M	K
34	4D	2	CHEUNG CHI HUNG	K4D02	M	K
35	3C	8	LAM KA CHUN	K3C08	M	K
36	3C	6	KAN MICHAEL HO	T3C06	M	T

Heatsday Entry List

Heat No.: 1 Grade: B						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
37	4C	8	CHU KA HEI	M4C08	M	M
38	3B	21	LIN WENBIN	T3B21	M	T
39	3C	23	WONG CHING NAM	C3C23	M	C
40	3D	18	LUN EDMUND TSZ	C3D18	M	C
41	4A	11	LEE TSZ HO	C4A11	M	C
42	4A	12	LING HO LAM	T4A12	M	T
43	3B	33	YIP CHI KONG	M3B33	M	M
44	3D	28	WONG KA LOK	K3D28	M	K
45	2C	9	FONG LEUNG YUI	T2C09	M	T
46	2C	12	LAI HOI PO	M2C12	M	M
47	3C	5	HUI TSZ LONG	M3C05	M	M
48	3A	32	YAU MAN WA	T3A32	M	T
49	4E	12	LAI HO FUNG	K4E12	M	K
50	3D	14	KONG SHING FUNG	M3D14	M	M
51	3C	11	LAU TSZ KIT	T3C11	M	T

Event No.: 28
 Event code: 11-HJC
 Event Name: High Jump
 Event Time: 13:35

Final

Heat No.: 1 Grade: C						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	2D	15	KO HO HEI JOSE	C2D15	M	C
2	2A	25	MA HONG KI	T2A25	M	T
3	1A	9	LAI TSAN PANG	K1A09	M	K
4	1B	10	HAU WING HEI	C1B10	M	C
5	2D	11	FONG TSZ HO	C2D11	M	C
6	2C	25	SHEA CHUN YIN	C2C25	M	C
7	1B	15	LAU KIN HO	K1B15	M	K

Event No.: 30
 Event code: 06-5000mA
 Event Name: 5000m
 Event Time: 13:50

Final

Heat No.: 1 Grade: O						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	5E	4	CHAN KAI TO	K5E04	M	K
2	5C	21	NG KAI TIK	M5C21	M	M
3	6B	1	CHAN WAI HIM	M6B01	M	M
4	4B	17	SHE KWOK HEI	K4B17	M	K
5	6E	5	CHONG KING	T6E05	M	T
6	5C	24	SIU KING MAN	T5C24	M	T
7	6B	3	FU CHOI YUNG	T6B03	M	T
8	5C	8	CHEUNG PAK HIM	T5C08	M	T
9	5C	9	CHEUNG PAK SUM	M5C09	M	M
10	5C	6	CHEUNG CHEUK	T5C06	M	T
11	5D	8	LEE CHONG FAI	C5D08	M	C
12	5D	18	WONG CHUN HO	C5D18	M	C
13	5E	19	LIU CHO FUNG	M5E19	M	M
14	5D	7	KUO PO HUNG	C5D07	M	C
15	5C	26	YAU LOK TIN	C5C26	M	C

Heatsday Entry List

Event No.: 31
 Event code: 22-4x400mC
 Event Name: Inter-house 4x400m Relay
 Event Time: 14:50

Final

Heat No.: 1 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1		0	M1		M	M
2		0	C1		M	C
3		0	T1		M	T
4		0	K1		M	K
5		0	M2		M	M
6		0	C2		M	C
7		0	T2		M	T
8		0	K2		M	K

Event No.: 32
 Event code: 22-4x400mB
 Event Name: Inter-house 4x400m Relay
 Event Time: 14:50

Final

Heat No.: 1 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1		0	K2		M	K
2		0	M1		M	M
3		0	C1		M	C
4		0	T1		M	T
5		0	K1		M	K
6		0	M2		M	M
7		0	C2		M	C
8		0	T2		M	T

Event No.: 33
 Event code: 22-4x400mA
 Event Name: Inter-house 4x400m Relay
 Event Time: 14:50

Final

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1		0	T2		M	T
2		0	K2		M	K
3		0	M1		M	M
4		0	C1		M	C
5		0	T1		M	T
6		0	K1		M	K
7		0	M2		M	M
8		0	C2		M	C

Final Day Entry List

Event No.: 2
 Event code: 08-400mHA
 Event Name: 400m Hurdles
 Event Time: 08:30

Final

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
2	6B	7	LEE TSZ CHUNG	T6B07	M	T
3	6B	5	KWOK TSZ NOK	K6B05	M	K
4	5A	3	CHAN WAI MING	K5A03	M	K
5	5B	22	WONG TIN LAP	T5B22	M	T
6	6D	4	CHAU CHUNG HIN	T6D04	M	T

Heat No.: 2 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
3	6D	26	WONG WING HUNG	M6D26	M	M
4	6B	12	SIU MAN HO	M6B12	M	M
5	6D	13	LUI KIN WAI	K6D13	M	K
6	6D	10	LAU YUK FAI	K6D10	M	K

Event No.: 3
 Event code: 12-LJA
 Event Name: Long Jump
 Event Time: 08:30

Final

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6E	15	NG CHEUK YIN JOE	K6E15	M	K
2	5A	13	LEE KING CHING	C5A13	M	C
3	5A	25	YING HEI KIN	K5A25	M	K
4	6A	20	WONG HEI KIU	M6A20	M	M
5	6B	14	SO KIN SHING	C6B14	M	C
6	5D	4	CHAN WAI CHUNG	C5D04	M	C
7	6E	26	YU CHUN FUNG	K6E26	M	K
8	6E	14	LEUNG HOI HO	C6E14	M	C
9	6C	9	FU CHUN KIT	K6C09	M	K
10	4B	21	WONG SIU MING	C4B21	M	C
11	5B	16	LEUNG KING TONG	K5B16	M	K
12	6C	4	CHING TSZ CHUN	M6C04	M	M
13	5A	11	LAU HO	T5A11	M	T
14	5D	8	LEE CHONG FAI	C5D08	M	C
15	5B	1	CHAN KWAN TING	T5B01	M	T
16	5C	14	LAI KIN LOK	M5C14	M	M
17	5D	18	WONG CHUN HO	C5D18	M	C
18	6A	7	HUI HIN MING	M6A07	M	M
19	6E	22	WONG CHING HEI	M6E22	M	M
20	6E	1	CHAN YU HIM	K6E01	M	K
21	3C	17	LUO RENLONG	K3C17	M	K
22	5B	7	FONG KA KIN	K5B07	M	K
23	5D	15	SHEK YU FAI	T5D15	M	T
24	6C	19	SIU CHUNG HIM	C6C19	M	C
25	6D	19	PONG KA MING	C6D19	M	C
26	6C	5	CHOI KWONG	K6C05	M	K
27	6C	8	DIU CHEUK HEI	M6C08	M	M
28	6D	20	POON KA NOK	M6D20	M	M
29	6E	17	POON WANG	C6E17	M	C
30	5B	4	CHAN YUET CHUN	M5B04	M	M

Final Day Entry List

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
31	5A	24	YAU YIK SING	K5A24	M	K

Event No.: 4
 Event code: 14-SPC
 Event Name: Shot Put
 Event Time: 08:30

Final

Heat No.: 1 Grade: C						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	1B	32	YU HO HEI	K1B32	M	K
2	2A	3	CHAN KAI SAN	C2A03	M	C
3	1A	21	NGAI LOK YIN	C1A21	M	C
4	2C	6	CHENG HOI NAM	C2C06	M	C
5	1A	28	WONG CHI HONG	C1A28	M	C
6	2C	31	WU KAI CHUN	C2C31	M	C
7	2D	20	LO CHOI FU	T2D20	M	T
8	1A	6	KONG KIN WAI	K1A06	M	K
9	1B	9	FONG KAI HO	M1B09	M	M
10	1B	19	LING SIU HEI	T1B19	M	T
11	1A	2	CAO XU XI	C1A02	M	C
12	1D	8	CHUNG CHO NAM	C1D08	M	C
13	2A	33	YEUNG CHUN HO	T2A33	M	T
14	2D	25	SZE CHI HEI	M2D25	M	M
15	1A	4	CHEN KA HO	K1A04	M	K
16	1A	19	MAK CHUNG WANG	K1A19	M	K
17	1A	1	CAO JIAXI	M1A01	M	M
18	1B	15	LAU KIN HO	K1B15	M	K
19	1B	33	ZHOU KA LOK	K1B33	M	K
20	1C	1	CHAK SHERLOCK	M1C01	M	M
21	2C	15	LAM YIK TING	T2C15	M	T
22	2C	30	WONG UE KIU	T2C30	M	T
23	1A	29	WONG NESTOR	K1A29	M	K

Event No.: 5
 Event code: 15-JavA
 Event Name: Javelin
 Event Time: 08:30

Final

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6E	15	NG CHEUK YIN JOE	K6E15	M	K
2	6A	2	CHAN MAN HIN	C6A02	M	C
3	6E	28	YUEN LOK PUI	T6E28	M	T
4	6D	9	LAM CHUN HO	K6D09	M	K
5	6D	21	TSANG CHUN KIT	T6D21	M	T
6	5A	3	CHAN WAI MING	K5A03	M	K
7	6D	14	MA DALIANG	K6D14	M	K
8	6E	5	CHONG KING	T6E05	M	T
9	6E	18	SIT SING YEUNG	M6E18	M	M
10	6B	9	LUK FUNG WA	T6B09	M	T
11	5B	22	WONG TIN LAP	T5B22	M	T
12	6B	18	YU KAM KUEN	M6B18	M	M
13	6C	4	CHING TSZ CHUN	M6C04	M	M
14	3C	13	LEE KAM SUN	T3C13	M	T
15	6C	12	LAU KAI CHUNG	M6C12	M	M

Final Day Entry List

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
16	5A	19	WONG CHUN WAI	T5A19	M	T
17	6A	4	CHEUNG TSUN YIN	K6A04	M	K
18	6E	22	WONG CHING HEI	M6E22	M	M
19	4A	4	CHAN TO KAMSON	C4A04	M	C
20	6E	4	CHOI NICHOLAS	T6E04	M	T
21	6D	13	LUI KIN WAI	K6D13	M	K
22	5B	4	CHAN YUET CHUN	M5B04	M	M
23	3D	19	MAR SIU TUNG	C3D19	M	C
24	6D	10	LAU YUK FAI	K6D10	M	K
25	6A	8	HUI LOK YIN	C6A08	M	C
26	6A	19	TANG YU KIN	M6A19	M	M
27	6D	18	PANG YU YIN	T6D18	M	T

Event No.: 9
 Event code: 04-800mB
 Event Name: 800m
 Event Time: 09:05

Final

Heat No.: 1 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	3D	29	XU KA LAM CALVIN	K3D29	M	K
2	4A	8	CHUNG KA TO	C4A08	M	C
3	3B	14	HUANG CHI WAI	C3B14	M	C
4	4D	1	CHAN KAR FAI	K4D01	M	K
5	4C	10	HO PUN WAI	T4C10	M	T
6	2B	33	YEUNG CHEUNG	K2B33	M	K
7	4D	26	WONG NOK KAN	T4D26	M	T
8	3A	17	LI MAN HO	K3A17	M	K
9	3C	3	HIMAL RAUT	T3C03	M	T
10	4E	10	KUN KWAN HANG	T4E10	M	T
11	4C	8	CHU KA HEI	M4C08	M	M
12	4E	2	CHEN WANG	T4E02	M	T
13	3A	19	LIU KA NOK	M3A19	M	M
14	3B	8	FONG KA MAN	T3B08	M	T
15	4E	12	LAI HO FUNG	K4E12	M	K

Event No.: 10
 Event code: 04-800mC
 Event Name: 800m
 Event Time: 09:05

Final

Heat No.: 1 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	2B	6	CHAN SZE NOK	T2B06	M	T
2	2C	20	LO KING LAM	K2C20	M	K
3	1D	29	WONG TSZ HO	T1D29	M	T
4	1D	31	YU SHUN YIN ISAAC	C1D31	M	C
5	2B	2	CHAN CHUN NOK	C2B02	M	C
6	2B	30	WEN TSZ HUEN	C2B30	M	C
7	2A	16	LAW HOI KWONG	K2A16	M	K

Event No.: 11
 Event code: 04-800mA
 Event Name: 800m
 Event Time: 09:05

Final

Final Day Entry List

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6B	17	YU HIN WA	T6B17	M	T
2	6D	9	LAM CHUN HO	K6D09	M	K
3	6B	10	MA KWAN YIN	T6B10	M	T
4	6B	15	TANG NOK HIN	T6B15	M	T
5	5C	8	CHEUNG PAK HIM	T5C08	M	T
6	6B	7	LEE TSZ CHUNG	T6B07	M	T
7	6B	6	LEE HO TING	M6B06	M	M
8	6D	19	PONG KA MING	C6D19	M	C
9	6D	13	LUI KIN WAI	K6D13	M	K
10	6D	26	WONG WING HUNG	M6D26	M	M

Event No.: 12
 Event code: 11-HJA
 Event Name: High Jump
 Event Time: 09:05

Final

Heat No.: 1 Grade: A						
Num	Cls	No	Name of Participant	ID.No.	Sex	Hse
1	6E	8	IP SHING WAI	T6E08	M	T
2	6E	28	YUEN LOK PUI	T6E28	M	T
3	6C	18	NGAN TSZ HO	T6C18	M	T
4	6C	6	CHOW HIM YAU	M6C06	M	M
5	5D	4	CHAN WAI CHUNG	C5D04	M	C
6	6B	1	CHAN WAI HIM	M6B01	M	M
7	6C	3	CHAN WAI KUEN	C6C03	M	C
8	6A	5	CHONG MAN YIN	M6A05	M	M
9	4B	21	WONG SIU MING	C4B21	M	C
10	6C	25	YEUNG CHUN KIT	K6C25	M	K
11	6B	7	LEE TSZ CHUNG	T6B07	M	T
12	5D	13	NGAN WANG YIU	C5D13	M	C
13	6A	14	PANG CHIN CHING	M6A14	M	M
14	5C	23	SEOW CHEUK HIN	C5C23	M	C
15	5A	12	LAU HOI KIT	C5A12	M	C
16	6D	10	LAU YUK FAI	K6D10	M	K
17	6A	8	HUI LOK YIN	C6A08	M	C

Event No.: 19
 Event code: 21-4x100mC
 Event Name: Inter-house 4x100m Relay
 Event Time: 11:30

Final

Heat No.: 1 Grade: C						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1		0	C2		M	C
2		0	T2		M	T
3		0	K2		M	K
4		0	M1		M	M
5		0	C1		M	C
6		0	T1		M	T
7		0	K1		M	K
8		0	M2		M	M

Event No.: 20
 Event code: 21-4x100mB
 Event Name: Inter-house 4x100m Relay
 Event Time: 11:30

Final

Final Day Entry List

Heat No.: 1 Grade: B						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1		0	M2		M	
2		0	C2		M	
3		0	T2		M	
4		0	K2		M	
5		0	M1		M	
6		0	C1		M	
7		0	T1		M	
8		0	K1		M	

Event No.: 21
Event code: 21-4x100mA
Event Name: Inter-house 4x100m Relay
Event Time: 11:30

Final

Heat No.: 1 Grade: A						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1		0	K1		M	K
2		0	M2		M	M
3		0	C2		M	C
4		0	T2		M	T
5		0	K2		M	K
6		0	M1		M	M
7		0	C1		M	C
8		0	T1		M	T

Event No.: 22
Event code: 23-4x100mGrad
Event Name: 4x100m Graduate Classes Relay
Event Time: 11:55

Final

Heat No.: 1 Grade: O						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1		0			M	
2		0			M	
3		0	6A		M	
4		0	6B		M	
5		0	6E		M	
6		0	6D		M	
7		0	6C		M	
8		0			M	

Event No.: 23
Event code: 24-4x100mTS
Event Name: 4x100m Teacher-student Relay
Event Time: 12:15

Final

Heat No.: 1 Grade: O						
Lane	Cls	No	Name of Participant	ID.No.	Sex	Hse
1		0			M	
2		0			M	
3		0			M	
4		0			M	
5		0			M	
6		0			M	
7		0			M	
8		0			M	